

Quarterly Goals

ENCOURAGING WORDS

WHAT WINS CAN YOU CELEBRATE THIS QUARTER?

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TOP PRIORITIES

HEALTH

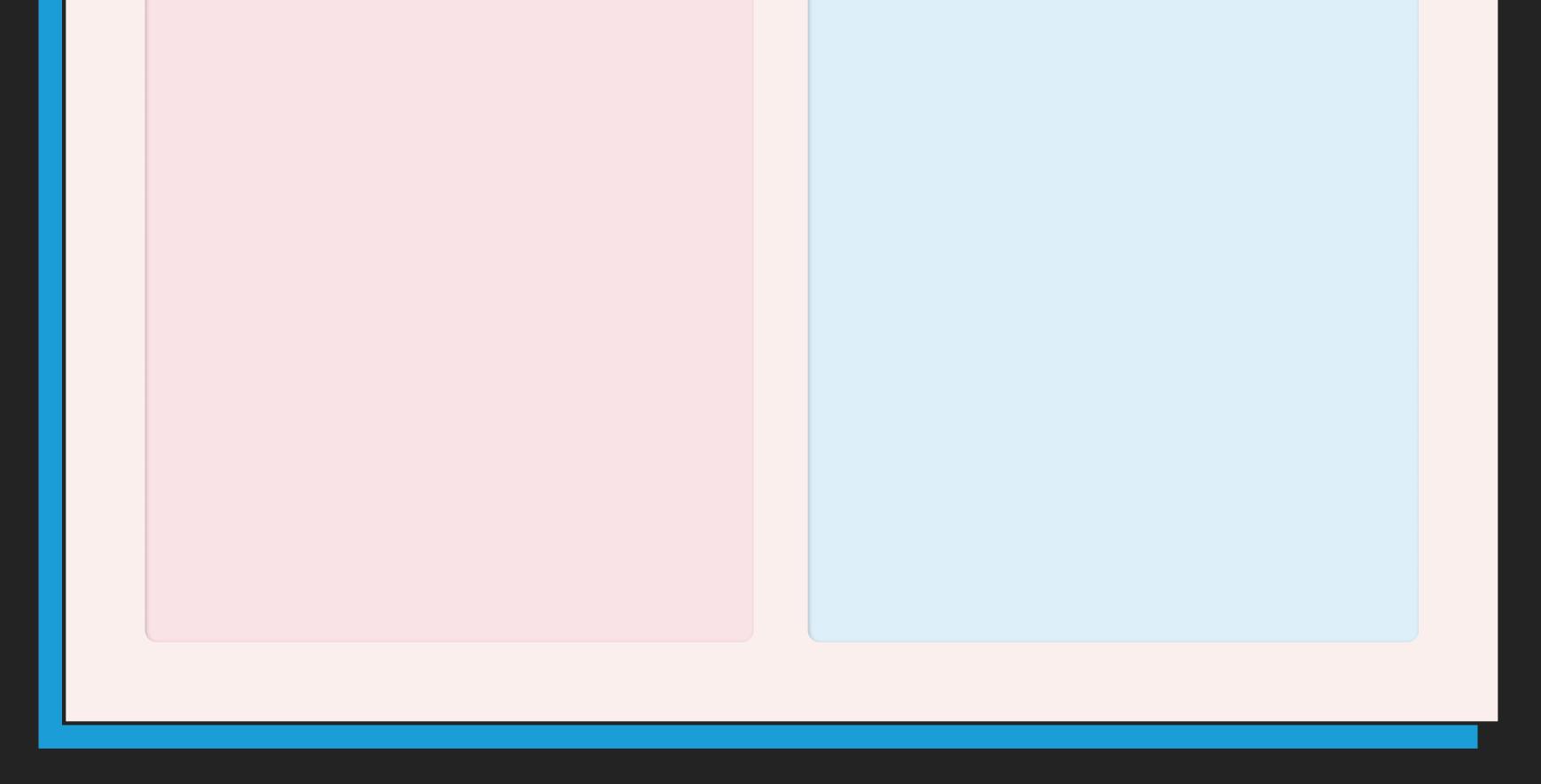
RELATIONSHIPS

WORK



PLAY + JOY

I'M SAYING 'NO' TO I'M SAYING 'YES' TO



START SMALL AND MAKE A BIG IMPACT. You are beautiful, determined, + worthy!